

**Amendments to the Claims**

This listing of claims will replace all prior listings of claims in the application.

**Listing of Claims**

1. Cancelled.
2. (Previously Presented) The sliding board according to Claim 9, wherein the cradle or cassette consists of intersecting bars and/or supports which have openings or holes.
3. (Previously Presented) The sliding board according to Claim 9, wherein the cradle or cassette has a number of locking openings in which connecting elements of the at least one interface element are anchored.
4. (Previously Presented) The sliding board according to Claim 3, wherein the connecting elements are connected to the cradle or cassette via a clasp connection.
5. (Previously Presented) The sliding board according to Claim 3, wherein the connecting elements of the at least one interface element penetrate through holes constructed in sliding-board upper parts.
6. (Previously Presented) A method for the manufacture of a sliding board where a preformed sliding-board upper part having an upper cup is connected to a sliding-board lower part having an outsole, a lower belt and steel edges, and foam is introduced, wherein during the assembly of the sliding-board upper and lower parts at least one interface element for arranging and guiding of a binding part is anchored on a cradle or cassette fully encased within a cavity formed by

said sliding-board upper and lower parts, foam is subsequently introduced so that the interface element and the cradle or cassette are connected with one another, and the cradle or cassette is completely embedded in said foam within said cavity.

7. (Previously Presented) The method according to Claim 6, wherein the introduced foam forms at least in certain areas the core of the sliding board.

8. (Previously Presented) The method according to Claim 6, wherein the foam is distributed through openings, holes provided in the cradle or cassette within the sliding-board body.

9. (Currently Amended) A sliding board comprising:  
a sliding-board body, at least one interface element  
connected to the sliding-board body for arranging of binding elements on the upper side of the sliding board, ~~wherein and a~~  
~~cradle or cassette is~~ integrated into the sliding-board body, on which cradle or cassette the interface element is anchored, ~~and wherein~~ the cradle or cassette and the interface element are embedded within a foamed core of the sliding board, and wherein

the interface element includes at least one guide element extending in the longitudinal direction of the gliding board and configured for receiving a binding or a binding part, the at least one guide element having connecting extensions connected with or inserted into the cradle or cassette such that the cradle or cassette and the connecting extensions are fixedly joined together by embedding within the foamed core.

10. (Previously Presented) The sliding board according to Claim 9, wherein the cradle or cassette is completely embedded in an interior of the sliding board formed by a

sliding board upper part having an upper cup and a sliding board lower part having an outsole.

11. (Previously Presented) The sliding board according to Claim 2, wherein said supports bear on inner surfaces of a sliding board upper part and a sliding board lower part.

12. (New) The sliding board according to claim 9, wherein the foamed core occupies the connecting extension to prevent removal of the connecting extension from the cradle or cassette.